



BERGVLIET PRIMARY SCHOOL
WINTER EXTRA-MURAL PROGRAMME – 3rd TERM 2026

All extra-murals begin on 22nd July 2026



SPORT

SOCCER	DAY	TIMES	VENUE	COACH
Grade 1 Soccer	Wednesday	13:40 - 14:20	South Field	Mr. D van Rooi Mr. Thomas
U8A & B Soccer Practice U8A & B Soccer Match	Tuesday Monday	13:40 - 14:40 15:00 - 16:00	South Field South Field	Mr. Naidu Mr. Thomas
U9 A & B Soccer Practice U9 A & B Soccer Matches	Wednesday Monday	15:00 – 16:00 15:00 – 16:00	South Field South Field	Mr. Fortuin Mr. Ritumalto
U10 A & B Soccer Practice U10 A & B Soccer Matches	Monday Wednesday	15:00 – 16:00 15:00 – 16:00	South Field South Field	Mr. Theys Mr. Naidu Mr. de Wet
U11 A & B Soccer Practice U11 A & B Soccer Matches	Wednesday Monday	15:00 - 16:00 15:00 – 16:00	South Field South Field	Mr. Hector Mr. Bezuidenhout
U12 A & B Soccer Practice U12 A & B Soccer Matches	Thursday Tuesday	15:00 – 16:00 15:00 – 16:00	South Field South Field	Mr. Branco Mr. Coetzee Ms. Gelb
U14 A & B Soccer Practice U14 A & B Soccer Matches	Monday Thursday	15:00 – 16:00 15:00 – 16:00	South Field South Field	Mr. D van Rooi Mr. Anthony

NETBALL	DAY	TIMES	VENUE	COACH
Grade 1 Netball	Monday	13:40 - 14:20	N/Field Courts	Ms. J Arendse Ms. Buxey
U8 Practice U8 Match	Monday Wednesday	13:40 - 14:40 14:00 - 16:00	Tennis Courts Tennis Courts	Ms. Caswell Ms. Herbert
U9 A & B Practice U9 A & B Matches	Monday Wednesday	15:00 - 16:00 15:00 – 16:00	N/Field Courts N/Field Courts	Ms. Marcus Ms. Jack
U10 A & B Practice U10 A & B Matches	Monday Wednesday	15:00 – 16:00 15:00 – 16:00	Green Wall Green Wall	Ms. Garbers Ms. Jacobs
U11 A & B Practice U11 A & B Matches	Monday Wednesday	15:00 – 16:00 15:00 – 16:00	Astro Courts Astro Courts	Ms. J Arendse Ms. Anthony

U12 A & B Practice U12 A & B Matches	Monday Wednesday	16:00 - 17:00 15:00 – 16:00	Astro Courts Astro Courts	Mrs. D Arendse Mrs. Botha Ms. Jack
U13 A & B Practice U13 A & B Matches	Monday Wednesday	16:00 - 17:00 15:00 – 16:00	Astro Courts Astro Courts	Mr. Petersen Ms. van Antwerpen Ms. J Arendse

GIRLS HOCKEY	DAY	TIMES	VENUE	COACH
Grade 1 Hockey	Tuesday	13:40 - 14:20	Astro	Ms. Buxey Ms. Herbert
U8 Girls' Practice U8 Girls' Match	Tuesday Thursday	13:40 - 14:40 14:00 - 16:00	Astro Various	Ms. S Brenner Mr. de Wet
U9 Girls' Practice U9 Girls' Matches	Tuesday Thursday	15:00 – 16:00 15:00 – 16:00	Astro Various	Ms. S Brenner
U10 Girls' Practice U10 Girls' Matches	Tuesday Thursday	15:00 – 16:00 15:00 – 16:00	Astro Various	Ms. Buxey Ms. Brenner
U11 Girls' Practice U11 Girls' Matches	Tuesday Thursday	15:00 - 16:00 15:00 – 16:00	Astro Various	Ms. S Brenner Mr. Kinkead - Weekes
U12 - U14 Girls' Practice U12 - U14 Girls' Matches	Tuesday Thursday	16:00 - 17:00 15:00 – 16:00	Astro Various	Ms. Buxey Ms. J Arendse

BOYS HOCKEYS	DAY	TIMES	VENUE	COACH
Grade 1 Hockey	Tuesday	13:40 - 14:20	Astro Various	Ms. Herbert Ms. Brey
U8 Boys' Practice U8 Boys' Match	Wednesday Thursday	13:40 - 14:40 14:00 - 16:00	Astro Various	Ms. Brey Ms Herbert
U9 Boys' Practice U9 Boys' Matches	Tuesday Thursday	15:00 – 16:00 15:00 – 16:00	Astro Various	Mrs. de Boer Ms. Brey
U10 Boys' Practice U10 Boys' Matches	Tuesday Thursday	15:00 – 16:00 15:00 – 16:00	Astro Various	Ms. Herbert
U11 Boys' Practice U11 Boys' Matches	Tuesday Thursday	15:00 - 16:00 15:00 – 16:00	Astro Various	Ms. Cooke
U12 - U14 Boys' Practice U12 - U14 Boys' Matches	Tuesday Wednesday	16:00 - 17:00 15:00 – 16:00	Astro Various	Mr. Rhode Ms. Herbert

CROSS - COUNTRY	DAY	TIMES	VENUE	COACH
Grade 1 & 2 Practice Grade 1 & 2 Race	Thursday Friday	13:40 - 14:20	North Field	Ms. Tester Ms. Paulse
Grades 3 – 7 Practice Grades 3 – 7 Practice Grades 3 - 7 Race	Tuesday Wednesday Friday	15:00 – 16:00 15:00 – 16:00 13:15	North Field North Field Away	Mrs. Lambert Mrs. van duiker Mr. van Rooi

RUGBY	DAY	TIMES	VENUE	COACH
Grade 1 & 2 (introduction to Rugby)	Friday	14:00 - 14:45	South Field	Mr. Thomas Ms. Herbert Mr. de Wet
Grades 3 (Contact Rugby) Grade 4 & 5 (Contact Rugby) Grade 6 & 7 (Contact Rugby)	Friday	14:00 - 15:00	South Field	Mr. D van Rooi Mr. Theys / Mr. Jonathan / Mr. R Kinkead - Weekes

CHESS	DAY	TIMES	VENUE	COACH
Grades 3 – 7 Practice Matches	Tuesday Friday	15:00 – 16:00 13:30 – 14:30	Library Library	Ms. A Thebus Ms. Jacobs

SQUASH	DAY	TIMES	VENUE	COACH
Grades 4 – 7	Tuesday Practice Friday Match	15:00 - 16:00 14:00 - 16:00	Bergvliet Squash Club	Ms. Boulle Ms. Buxey Coach Abdullah

CLUBS & EXTRA LESSONS

ART CLUB	DAY	TIMES	VENUE	COACH
Grades 4 - 7 Grades 4 – 7	Monday Tuesday	15:00 – 16:00 15:00 – 16:00	Art Room	Mrs. Du Preez Ms. Hoenson

JUNIOR ARTS & CRAFTS	DAY	TIMES	VENUE	COACH
Grades 1 - 2 Grade 3	Wednesday Thursday	13:40 – 14:40 13:40 – 14:40	Classrooms	Mrs. Horsley Mrs. Newman

DANCE CLUB	DAY	TIMES	VENUE	COACH
Grades 4 – 7	Friday	13:15 - 14:15	Hall	Ms. T. Jacobs Ms. Ritchie

BALLET CLUB	DAY	TIMES	VENUE	COACH
Grade R (by invitation only)	Thursday	12:30 - 13:00	Hall	Mrs. Miller
Grade 1 (by invitation only)	Thursday	13:15 - 14:00	Hall	Mrs. Miller

DRAMA CLUB	DAY	TIMES	VENUE	COACH
Grade 4 - 7	Tuesday Thursday	15:00 - 16:00 15:00 - 16:00	Hall	Mrs. Reynolds Ms. van Antwerpen

DEBATING	DAY	TIMES	VENUE	COACH
Grade 4 - 7	Monday Wednesday	15:00 - 16:00 15:00 - 16:00	Library	Ms. Gensicke Mrs. Levendal

ECO CLUB	DAY	TIMES	VENUE	COACH
Grades 4 & 5 Grade 6 & 7	Monday Tuesday	15:00 - 16:00	Classroom	Mrs. van Niekerk Mrs. Schonegevel Ms. Leech

AFRIKAANS	DAY	TIMES	VENUE	COACH
Grade 4 & 5 Grades 6 & 7	Monday Wednesday	14:45 – 15:45	Classrooms	Mr. Williams Mr. G. Van Rooi

MATHS	DAY	TIMES	VENUE	COACH
Grade 4	Monday	14:45 – 15:45	Classroom	Mrs. Gabier
Grade 5	Wednesday	14:45 – 15:45	Classroom	Mrs. Gabier
Grade 6	Thursday	14:45 – 15:30	Classroom	Mrs. Esau
Grade 7	Tuesday	14:45 – 15:45	Classroom	Mrs. Esau

THINK TANK	DAY	TIMES	VENUE	COACH
Grades 4 & 5 Grade 6 & 7	Tuesday Thursday	15:00 - 16:00	Ms. Boulle Class	Mrs. van Niekerk Ms. Adams

MUSIC

THEORY	DAY	TIMES	VENUE	MUSIC TEACHERS
Theory	Monday	07:30 - 07:50	Music Room 32	Mrs. Elliott
Theory	Monday	07:30 - 07:50	Music Room 30	Mr. Smit

CHOIR	DAY	TIMES	VENUE	MUSIC TEACHERS
Junior Choir Grade 2 & 3	Thursday	13:15 – 13:50	Auditorium	Mrs. Gordon Mr. Smit
Senior Grade 4- 7	Wednesday	07:15 - 08:00	Auditorium	Mrs. Elliott Mr. Smit

ENSEMBLE	DAY	TIMES	VENUE	MUSIC TEACHERS
String By arrangement	Tuesday	07:15 – 08:00	Auditorium	Mrs. Elliott
Recorder (Grade 3) Recorder (Grade 4) Recorder (Grade 5) Recorder (Grade 6)	Wednesday Monday Tuesday Monday	07:15 - 07:50 07:15 - 07:50 07:15 - 07:50 13:40 - 14:10	Music Room 31	Mrs. Gordon

ORCHESTRA	DAY	TIMES	VENUE	MUSIC TEACHERS
Junior By arrangement	Friday OR Wednesday	12:15 - 13:00 13:15 - 13:40	Auditorium	Mrs. Elliott Mrs. Gordon Mr. Smit
Senior By arrangement	Thursday	07:15 - 08:00	Auditorium	Mr. Fortes Mrs. Elliott Mrs. Gordon Mr. Smit

MARIMBA	DAY	TIMES	VENUE	MUSIC TEACHERS
Junior Marimba Grade 1, 2 & 3	Monday	15:00 - 15:30	Hall Foyer	Mr. Dickerson

IMPORTANT INFORMATION

RAINY DAYS

- ★ In the event of inclement weather the practice / matches will be moved indoors a call by the sports department will be made by 12:45 and the coaches will keep the team until the end of the session or 16:00.
- ★ WhatsApp Extra - Mural Community group link - <https://chat.whatsapp.com/ISMts5UOo4X86MTDmFUd25>

ADDITIONAL INFORMATION

- ★ Correct sports clothes/togs must be worn for all matches. No baggy shorts will be allowed on the Cricket fields or netball courts.
- ★ Learners may not use electronic devices such as cell phones, i-pods, etc. Cell phones are only allowed for communication purposes between learners and parents, if necessary.
- ★ No chewing gum at practices and matches.
- ★ Parents are to please wait for learners at least 30 minutes before the end of a match. Educators will only wait for 15 minutes after arrival back at school.
- ★ Participants must excuse themselves before FIRST BREAK if they are unable to attend a practice or match. (NOTE: NOT at the end of the school day.)
- ★ IF A LEARNER IS ILL OR UNABLE TO ATTEND A MATCH, PARENTS ARE TO PLEASE NOTIFY THE SPORTS DEPARTMENT BY 10:00 SO THAT A REPLACEMENT CAN BE FOUND.
- ★ Please use a good sunblock to protect your child from the harmful rays of the sun. School Caps are compulsory during practices and matches.
- ★ A swimming cap MUST be worn in the pool at all times
- ★ No learner is allowed in the swimming pool area unless an educator is in attendance.
- ★ Parents must please not enter the pool area during training sessions

SPORTS DEPARTMENT

Mr. Richard Kinkead - Weekes (Head of Sport) - rkinkeadweekes@bergvlietprimary.co.za
Mr. Dewaldt van Rooi (Boys Sports Co-Ordinator) - dvanrooi@bergvlietprimary.co.za
Ms. Aimee Buxey (Girls Sports Co-Ordinator) - abuxey@bergvlietprimary.co.za