



BERGVLIET PRIMARY SCHOOL



WINTER EXTRA-MURAL PROGRAMME - 2nd TERM 2021

All extra-murals begin on 10 May 2021

In order to ensure compliance with current Covid-19 protocols, we will not be participating in external matches or competitions this term. Instead, we will focus on improving our learners' overall fitness and sport skills, and allow them to enjoy healthy competition in the form of internal matches. These fixtures will take place every second week. Learners will be notified of the details in advance. As soon as it is safe, we will re-join the Inter-school leagues in the various sports codes.

SOCCER	DAY	TIMES	FIELD	COACH
U7 Soccer Practice (Grade 1) U8 Soccer Practice (Grade 2)	Friday	13:20 - 14:00	North Field	Mr. L Hill Mr. Ross Mr. Christians
U9 Soccer Practice	Monday	15:00 - 16:00	North Field	Mr. Ross
U9 Soccer Practice	Wednesday	15:00 - 16:00	North Field	Coach Megan
U10 Soccer Practice	Monday	15:00 - 16:00	North Field	Mr. Christians
U10 Soccer Practice	Wednesday	15:00 - 16:00	North Field	Mr. Fenton
U11 Soccer Practice	Monday	15:00 - 16:00	North Field	Mr. L Hill
U11 Soccer Practice	Wednesday	15:00 - 16:00	North Field	Mr. Barnard
U12 Soccer Practice	Tuesday	15:00 - 16:00	North Field	Mr. L Hill
U12 Soccer Practice	Thursday	15:00 - 16:00	North Field	Mr. Ross
U13 Soccer Practice	Tuesday	15:00 - 16:00	North Field	Mr. Christians
U13 Soccer Practice	Thursday	15:00 - 16:00	North Field	Coach Megan Mr. Paulse
NETBALL	DAY	TIMES	FIELD	COACH
U7 Netball Practice (Grade 1) U8 Netball Practice (Grade 2)	Friday	13:20 - 14:00	Tennis Courts	Miss. Burger Miss. Hoenson Mr. Theys
U9 Practice	Monday	15:00 - 16:00	N/Field Courts	Mrs. Brigg
U9 Practice	Wednesday	15:00 - 16:00	N/Field Courts	Miss. Southgate
U10 Practice	Monday	15:00 - 16:00	N/Field Courts	Miss. Hoenson
U10 Practice	Wednesday	15:00 - 16:00	N/Field Courts	Mrs. G Davids
U11 Practice	Monday	15:00 - 16:00	Green Wall	Mrs. Theys
U11 Practice	Wednesday	15:00 - 16:00	Green Wall	Mrs. Lambert (Mon) Ms. T Davids (Wed)
U12 Practice	Monday	15:00 - 16:00	Tennis Courts	Miss. Burger
U12 Practice	Wednesday	15:00 - 16:00	Tennis Courts	Mr. Theys
U13 Practice	Monday	15:00 - 16:00	Tennis Courts	Mrs. Whyte
U13 Practice	Wednesday	15:00 - 16:00	Tennis Courts	Mrs. Reynolds
GIRLS' HOCKEY	DAY	TIMES	FIELD	COACH
U7 Hockey Practice (Grade 1) U8 Hockey Practice (Grade 2)	Friday	13:20 - 14:00	South Field	Mr. Schwimmbacher Mr. M Hill Miss. Abrahams
U9 Girls' Practice	Tuesday	15:00 - 16:00	South Field	Mrs. Tester
U9 Girls' Practice	Thursday	15:00 - 16:00	South Field	Mrs. Drake
U10 Girls' Practice	Tuesday	15:00 - 16:00	South Field	Miss. McKechnie
U10 Girls' Practice	Thursday	15:00 - 16:00	South Field	Miss. N Gardner
U11 Girls' Practice	Tuesday	15:00 - 16:00	South Field	Ms. Gornall
U11 Girls' Practice	Thursday	15:00 - 16:00	South Field	Miss. Abrahams
U12 - U14 Girls' Practice	Tuesday	15:00 - 16:00	South Field	Miss. Cooke
U12 - U14 Girls' Practice	Thursday	15:00 - 16:00	South Field	Mrs. Hughes
BOYS' HOCKEY	DAY	TIMES	FIELD	COACH
U7 Hockey Practice (Grade 1) U8 Hockey Practice (Grade 2)	Friday	13:20 - 14:00	South Field	Mr. Schwimmbacher Mr. M Hill Miss. Abrahams
U9 Boys' Practice	Tuesday	15:00 - 16:00	South Field	Mr. M Hill
U9 Boys' Practice	Thursday	15:00 - 16:00	South Field	Mrs. Horsley
U10 Boys' Practice	Tuesday	15:00 - 16:00	South Field	Mr. Schwimmbacher
U10 Boys' Practice	Thursday	15:00 - 16:00	South Field	Miss. Adams
U11 Boys' Practice	Tuesday	15:00 - 16:00	South Field	Mr. Rhode
U11 Boys' Matches	Thursday	15:00 - 16:00	South Field	Miss. L Gardner
U12 - U14 Boys' Practice	Monday	15:00 - 16:00	South Field	Mr. Schwimmbacher
U12 - U14 Boys' Practice	Wednesday	15:00 - 16:00	South Field	Mr. M Hill

ART CLUB	DAY	TIMES	VENUE	COACH	
Grades 4 - 7 Grades 4 - 7	Tuesday Monday	15:00 - 16:00 15:00 - 16:00	Art Room	Mrs. Fuller Mrs. Noor (Mon) Miss. Whittern	
JUNIOR ARTS & CRAFTS	DAY	TIMES	VENUE	COACH	
Grades 1 - 2 Grades 3	Wednesday Thursday	13:30 - 14:30 13:30 - 14:30	Art Room	Mrs. Pollard Miss. Whittern	
CHESS	DAY	TIMES	VENUE	COACH	
Grades 4 - 7 Practice Grades 1 - 3 Practice Matches	Monday Tuesday Friday	15:00 - 16:00 15:00 - 16:00 13:30 - 14:30	Mrs. Reay Mrs. Reay Library	Mr. Edwards Mrs. Hector Mrs. Reay	
POETRY & DRAMA CLUB	DAY	TIMES	VENUE	COACH	
Grades 4 - 7	Wednesday	07:15 - 07:45	Hall	Mr. Edwards Mr. Schwimmbacher	
CREATIVE WRITING CLUB	DAY	TIMES	VENUE	COACH	
Grades 4 - 7 by invitation	Wednesday	15:00 - 16:00	Mrs. Jones Classroom	Mrs. Hughes	
ORCHESTRA	DAY	TIMES	VENUE	COACH	
Grades 4 - 7	Friday	12:15 - 13:00	Auditorium	Mr. Van Harte	
STRING ENSEMBLE	DAY	TIMES	VENUE	COACH	
Grades 4 - 7	Tuesday	By Arrangement	Auditorium	Miss. Snyckers	
CHOIR	DAY	TIMES	VENUE	COACH	
Grade 1 Grade 2 Grade 3 Senior	Tuesday Wednesday Thursday Friday	13:15 - 14:15 13:15 - 14:15 13:15 - 14:15 07:30 - 08:00	Hall	Mrs. Gordon Mr. Thuynsma	
MUSIC		DAY	TIMES	VENUE	COACH
Beginner Guitar Middle Guitar	Cost Involved	Monday Tuesday	14:35 - 15:05 14:35 - 15:05	Music Centre	Mrs. Gordon Mrs. Gordon
EXTRA MATHS LESSONS	DAY	TIMES	VENUE	COACH	
Grade 4	Monday	14:45 - 15:30	Classroom	Ms. Ashton	
Grade 5	Monday	14:45 - 15:30	Classroom	Mrs. Jones	
Grade 6	Wednesday	14:45 - 15:30	Classroom	Mrs. Noor	
Grade 7 (Remedial)	Tuesday	14:45 - 15:30	Classroom	Mrs. Esau	
Grade 7 (Support)	Wednesday	14:45 - 15:30	Classroom	Mrs. Esau	
EXTRA AFRIKAANS	DAY	TIMES	VENUE	COACH	
Grade 7	Monday	14:45 - 15:30	Classroom	Ms. T Davids	
Grade 5	Tuesday	14:45 - 15:30	Classroom	Mrs. Viljoen	
Grade 6	Monday	14:45 - 15:30	Classroom	Mrs. Viljoen	
Grade 4	Wednesday	14:45 - 15:30	Classroom	Mrs. Lambert	
ECO CLUB	DAY	TIMES	VENUE	COACH	
Grades 4 - 7 by invitation	Wednesday Thursday	15:00 - 16:00 15:00 - 16:00	Art Room	Mrs. Van Niekerk Mrs. Wentzel Mr. Hendricks	
LITERACY	DAY	TIMES	VENUE	COACH	
Grades 3 (by Invitation)	Wednesday	14:45-15:30	Classroom	Ms. Ashton	
HOMEWORK CLASS	DAY	TIMES	VENUE	COACH	
Grades 4 - 7 (by invitation)	Monday Wednesday	15:00 - 16:00 15:00 - 16:00	Mrs. Leech Classroom	Mrs. Leech	
XHOSA CLUB	DAY	TIMES	VENUE	COACH	
Grades 4 - 7	Monday Wednesday	15:00 - 16:00 15:00 - 16:00	Mrs. Drakes Classroom	Mrs. Mgodeli Mr. Hill	
DANCE	DAY	TIMES	VENUE	COACH	
Grade 4 - 7	Friday	13:30 - 15:00	Hall	Mr. Schwimmbacher Miss. Whittern	

THE FOLLOWING SAFETY PROTOCOLS MUST BE ADHERED TO AT ALL TIMES:

- Learners must go to the fields/courts allocated to their practice session promptly after the bell has rung. They will not be collected from their classrooms by the coaches.
- Facemasks are **compulsory**.
- A register will be taken at the start of each session.
- Alcohol-based sanitizer will be available at all the training venues. Learners will be encouraged to sanitize their hands prior, during and after training.
- Learners are to bring their own water bottles. No sharing will be allowed.
- There will be no physical contact between learners and coaches whatsoever – No high fives or handshakes. Learners must adhere to the social distancing of 1.5m at all times.
- Learners must follow the principle of “get in, train, and get out”. **When the session ends, learners will be escorted to the main gate (Children’s Way)**. Learners must be collected promptly at the end of the session – having learners waiting around on the school premises will compromise the safety of all.
- No parents or unauthorized adults will be allowed at the training venues.
- With regard to sports equipment, learners who have their own, are encouraged to bring it along. If not, the school will provide the necessary equipment.

We look forward to a great term of sport, and trust that we will have many enthusiastic players on the sports fields.

Regards

Mr C. Theys and Mr B. Barnard
SPORTS ADMINISTRATORS